

Fire Instructor Workshop

Saturday, January 30, 2021

CONTINUOUS DEVELOPMENT & IMPROVEMENT

In an effort to reinvest back into our instructors and provide continuous learning opportunities, the South Carolina Fire Academy has partnered with the SC Society of Fire Service instructors to host a free *virtual* Instructor Development Workshop.

About the Program

Developing High Performance is a methodology of learning based on sports psychology that improves retention, and develops physical, mental, and emotional controls. The focus is on “soft skills” traditionally not taught in fire service classes. Students will be led in discussion about the mental, psychological, biological, and physical realities of stress reaction during performance on both the training ground, as well as the emergency scene, and the outcomes. Students will receive comprehensive information concerning known Laws of Adult Learning and a thorough understanding of the development of neural pathways and how they play in “default” settings. Understanding how foundations are properly made is crucial, when tasked with preparing ordinary people to do extraordinary acts under extreme circumstances.



Date: Saturday, Jan. 30, 2021

Time: 12 p.m. - 5 p.m.

Attendees: Limited to active SCFA credentialed instructors who have completed the 4174-New Instructor Orientation program

Virtual event: Attendees will receive an agenda and access link prior to the event.

Register: 6400-21-002

<https://fire.llr.sc.gov/Portal/Registration/registration.aspx?crsidnt=71161>

Questions? Contact your [regional coordinator](#)

Ric Jorge is a 29 year veteran of the fire service, serving 24 years with Palm Beach County as a career fireman. He has delivered courses nationally and internationally. Ric has been working in the mental health field for seven years. He facilitates groups for uniformed personnel struggling with substance abuse and mental health issues. Ric is currently involved with ShatterProof, a program for uniformed personnel at FHE HEALTH in Deerfield Beach, Florida. He is also an author of “Developing Firefighter Resiliency” by Pennwell, and is published in book chapters (Pennwell “FF 1 & 2 Training Book,” Dave Dodson & John Normans book “The Art of Reading Buildings”), and has also authored articles for publication in magazines (Fire Engineering and 1st Responder), newsletters (Fire Department Training Network), and online blogs (The Back-step Firefighter). Some of Ric’s work can be found on FaceBook under “Tactical Resiliency Training” as well as on YouTube, LinkedIn, and Twitter by his name.

