

## Hook Up and Stretch: Hands on Training

The South Carolina Fire Academy is offering a two-day, hands-on training workshop focusing on high-rise or mid-rise firefighting.

High-rise fires are a low-frequency/high-risk call that must be met with the same success as any other fire call. Without proactive training for these types of fires, the results could be disastrous. Realistic fire ground training is necessary to ensure proper training. This active, hands-on workshop is designed to develop the basics of high-rise firefighting operations and the role of the engine on a high-rise fire. Skills covered include: hooking to the standpipe, moving and flowing water, deploying the high-rise pack, pumping the FDC, making your own standpipe, aggressive search, using the water can for fire attack, and forcible entry.

Students should bring to class- turnout gear, SCBA, and an extra SCBA cylinder.

- DATE:** Wednesday, Sept. 14 - Thursday, Sept. 15, 2022  
**TIME:** 8:30 a.m. – 5:30 p.m., both days  
**LOCATION:** South Carolina Fire Academy, Classroom 9B14  
141 Monticello Trail Columbia, SC 29203  
**REGISTER:** 9034-23-001 <https://fire.llr.sc.gov/Portal/Registration/registration.aspx?crsidnt=75591>  
**FEE:** \$20, covers lunch Wednesday, and breakfast and lunch Thursday  
**DORMS:** Dorm rooms are available on a first-come, first-served basis for an additional fee. Rooms are single-occupancy \$30/night or double-occupancy \$15/night. If you need a room, please make that indication during the registration process.

**Note:** Sponsoring agencies will be charged for students who fail to appear in class, including the course fee, meals, and dorm reservation, if applicable.

### ABOUT THE LEAD INSTRUCTOR



**Micah Rains** is a 16-year veteran of the fire service and is currently assigned as a Lieutenant on Engine 4 at Greenville City Fire Department. He serves as one of the shift training officers in his department and teaches recruit classes, leadership courses, and several S.C. Fire Academy classes. Additionally, he is an active member of the S.C. Task Force 1 USAR team and serves in the State as a subject matter expert in the development of firefighting curriculum. Micah has taught at many conferences including the Metro Atlanta Fire Conference, S.C. Fire-Rescue Conference, and the Company Officer Academy.

Along with this experience, Rains has been an instructor in the Fire Science Program at Greenville Technical College. He has also been part of the research and development of the Greenville City Fire Department's high-rise procedures and teaches high-rise classes throughout South Carolina and at regional fire conferences.

**Questions?** Please contact [Amy Williamson](#)